

1 10A NCAC 13F .0306 is proposed for readoption with substantive changes as follows:

2
3 **10A NCAC 13F .0306 HOUSEKEEPING AND FURNISHINGS**

4 (a) Adult care homes shall:

- 5 (1) have walls, ceilings, and floors or floor coverings kept clean and in good repair;
- 6 (2) have no ~~chronic unpleasant odors~~; odors that are considered by the residents to be chronic and
7 unpleasant;
- 8 (3) have furniture ~~clean and in good repair; that is clean, safe, and functional~~;
- 9 (4) have a sanitation report in accordance with one of the following: ~~North Carolina Division of~~
10 ~~Environmental Health approved sanitation classification at all times in facilities with 12 beds or less~~
11 ~~and North Carolina Division of Environmental Health sanitation scores of 85 or above at all times~~
12 ~~in facilities with 13 beds or more~~;
- 13 (A) A North Carolina Department of Health and Human Services, Division of Public Health,
14 Environmental Health Section approved sanitation classification at all times in facilities
15 with 12 beds or less, which are incorporated by reference including all subsequent
16 amendments. The “Rules Governing the Sanitation of Residential Care Facilities”, 15A
17 NCAC 18A .1600, can be accessed electronically free of charge at
18 <http://ehs.dph.ncdhhs.gov/rules.htm>; and
- 19 (B) A North Carolina Department of Health and Human Services Division of Public Health,
20 and Environmental Health Section sanitation scores of 85 or above at all times in facilities
21 with 13 beds or more. The “Rules Governing the Sanitation of Hospitals, Nursing Homes,
22 Adult Care Homes, and Other Institutions”, 15A NCAC 18A .1300, can be accessed
23 electronically free of charge at <http://ehs.dph.ncdhhs.gov/rules.htm>.
- 24 (5) be maintained in an uncluttered, ~~clean~~ clean, and orderly manner, free of all obstructions and
25 hazards;
- 26 (6) have a supply on hand at all times of bath soap, clean towels, washcloths, sheets, pillowcases,
27 blankets, and additional ~~coverings adequate~~ covers for resident ~~use on hand at all times~~; use;
- 28 (7) make available the following items as needed through ~~any~~ means other than charge to the personal
29 funds of recipients of State-County Special Assistance:
- 30 (A) sheets protective mattress covers, and clean, absorbent, ~~soft~~, soft, and smooth mattress
31 pads;
- 32 (B) ~~bedpans, urinals, hot water bottles, and ice caps~~; bedpans and urinals; and
- 33 (C) bedside commodes, walkers, and wheelchairs.
- 34 (8) have one television and one radio, ~~each~~ in good working order;
- 35 (9) have curtains, ~~draperies~~ draperies, or blinds at windows in resident use areas to provide for resident
36 privacy;

- 1 (10) have recreational equipment, supplies for games, books, ~~magazines~~ magazines, and a current
2 newspaper available for residents;
- 3 (11) have a clock that has numbers at least 1½ inches tall in ~~an area commonly used by the residents;~~ the
4 living room or in the dining room or dining area; and
- 5 (12) have at least one telephone that does not ~~depend on~~ require electricity or cellular service to operate.
- 6 (b) Each bedroom shall have the following furnishings in good repair and clean for each resident:
- 7 (1) A bed equipped with box springs and mattress or solid link springs and no-sag innerspring or foam
8 mattress. Hospital bed appropriately equipped with all accessories required for use shall be arranged
9 for as needed. A waterbed is allowed if requested by a resident and permitted by the ~~home.~~ facility.
10 Each bed shall have the following:
- 11 (A) at least one pillow with clean pillowcase;
- 12 (B) a clean top and bottom sheets sheet on the bed, with bed changed ~~as often as necessary but~~
13 at least once a week; and week and when soiled; and
- 14 (C) clean bedspread and other clean coverings as needed.
- 15 (2) a bedside type table;
- 16 (3) chest of drawers or bureau when not provided as built-ins, or a double chest of drawers or double
17 dresser for two residents;
- 18 (4) a wall or dresser mirror that ~~can~~ may be used by each ~~resident;~~ resident in each bedroom;
- 19 (5) a minimum of one ~~comfortable chair (rocker or straight, arm or without arms, as preferred by~~
20 ~~resident), high enough from floor for easy rising;~~ chair that is comfortable as preferred by the
21 resident, which may include a rocking or straight chair, with or without arms, that is high enough
22 for the resident to easily rise without discomfort;
- 23 (6) additional chairs available, as needed, for use by visitors;
- 24 (7) individual clean towel, wash ~~cloth~~ cloth, and towel bar in the bedroom or an adjoining bathroom;
25 and
- 26 (8) a light overhead of bed with a switch within reach of person lying on bed; or a lamp. The light shall
27 provide a minimum of 30 foot-candle power of illumination for reading.
- 28 (c) The living room shall have ~~functional~~ living room furnishings ~~for the comfort of aged and disabled persons, that~~
29 are in good working order and provide comfort as preferred by residents with coverings that are easily cleanable.
- 30 (d) The dining room shall have the following furnishings:
- 31 (1) small tables serving from two to eight persons and chairs to seat all residents eating in the dining
32 room; tables and chairs equal to the resident capacity of the home shall be on the premises; and
- 33 (2) chairs that are sturdy, without rollers unless retractable or on front legs only, non-folding and
34 designed to minimize tilting.
- 35 (e) This Rule shall apply to new and existing facilities.
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37 *History Note: Authority G.S. 131D-2.16; 143B-165;*

1 *Eff. January 1, 1977;*
2 *Readopted Eff. October 31, 1977;*
3 *Amended Eff. April 1, 1987; April 1, 1984;*
4 *Temporary Amendment Eff. September 1, 2003.*
5 *Amended Eff. June 1, 2004;*
6 *Recodified from Rule .0304 Eff. July 1, 2004;*
7 *Temporary Amendment Eff. July 1, 2004;*
8 *Amended Eff. July 1, ~~2005~~ 2005;*
9 *Readopted Eff. February 1, 2025.*